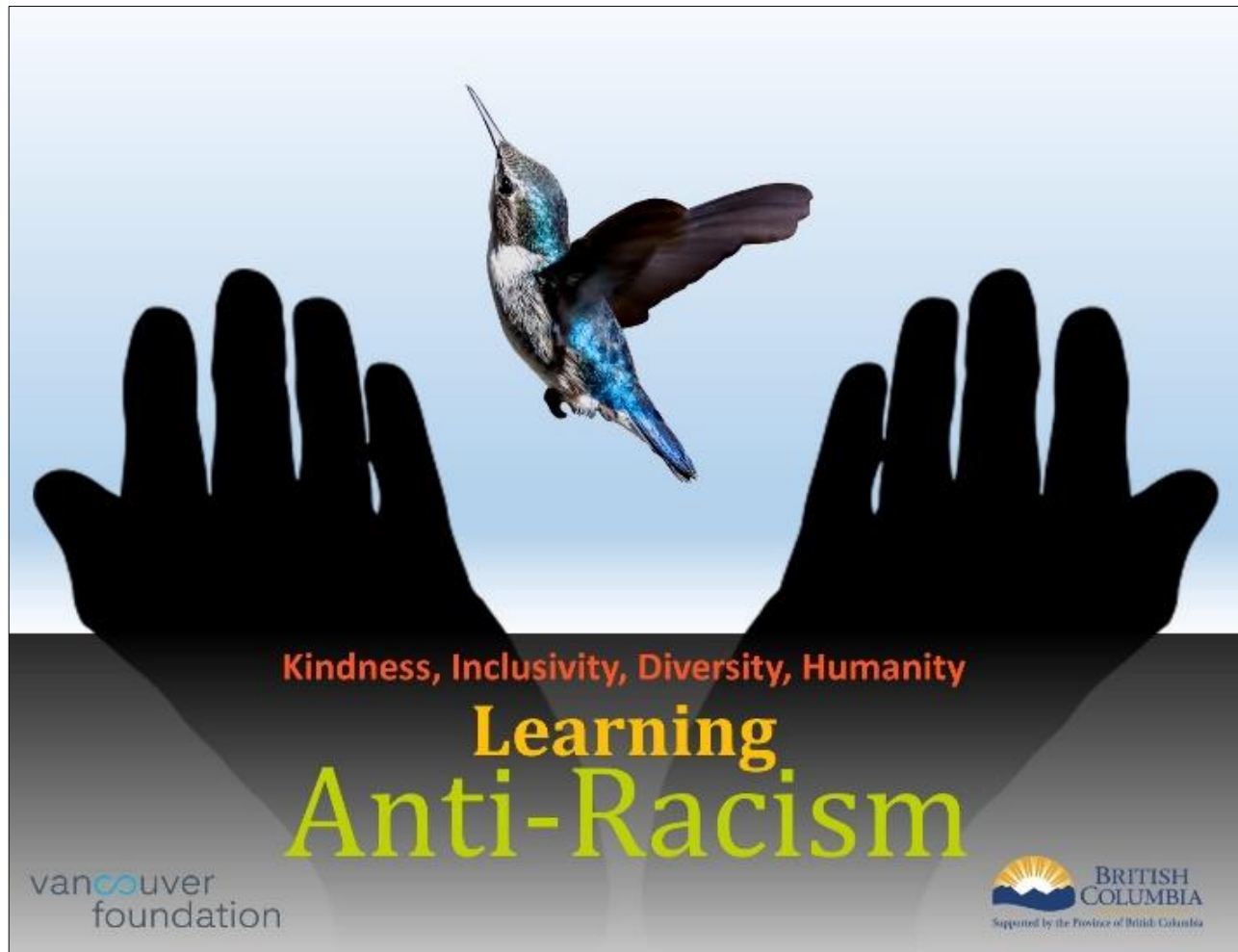


A Resource Tool for Learning Anti-Racism



Prepared by the Victoria Multifaith Society and the Centre for Civic Religious Literacy, with funding provided by the Vancouver Foundation and the Province of British Columbia



VICTORIA
MULTIFAITH
SOCIETY

CCRL The Centre for Civic Religious Literacy
CLRC Le centre de litt ratie religieuse civique

This work is licensed under a
[Creative Commons Attribution-NonCommercial-NoDerivatives 4.0 International License](https://creativecommons.org/licenses/by-nc-nd/4.0/)

Session 1: One Race

The Human Family



Pre-workshop:

✚ Watch [The Lie that Invented Racism](#) TED talk, (18:13 min.)

✚ Read or watch **2 or more items** from the “Reading & Viewing materials” section at the end of this workshop. Your thoughts on these will be welcome during the discussion.

Intro: A round of introductions should be followed by a review of the Opening Agreements (page 6-7). The goal of this session is to look at the close interconnection of the human family.

Videos: These videos (to be watched as a group) were chosen to illustrate the principle of *all human lives being equally worthy of respect regardless of race, class, gender, or religion*. Without this basic spiritual/humanitarian principle there are endless possible forms of discrimination and injustice, from microaggressions to genocide. (See “Reading & Viewing materials”.)

- [One Species, Living Worldwide](#) Smithsonian, 4:20 min.
- [Momondo The DNA Journey](#) 5:16 min.



Small Group Discussion:


As noted in the Smithsonian video *One Species Living Worldwide*, “The billions of human beings living today all belong to one species: *Homo sapiens*. As in all species, there is variation among individual human beings, from size and shape to skin tone and eye color. But we are much more alike than we are different. We are, in fact, remarkably similar. The DNA of all human beings living today is 99.9% alike”¹.

In groups of 4 to 6 people, share your physical origins in a few sentences.

Discussion questions:

- How did the videos affect your sense of identity?
- Did you have experience with other ethnic groups, cultures and religions growing up? Positive or negative?
- How do you react to racist sentiments? Where do you think we should draw the line between maintaining peace and condoning racism?
- How do you think we can create individual and social change towards greater appreciation and inclusion of difference?

¹ [Smithsonian article](#)



*All creatures are the family of God;
and he is the most beloved of God
who does most good to His family.*

– [Islam, Hadith](#)

Recognise all of humanity as one.

– [Sri Guru Gobind Singh](#), 10th Sikh Guru

*The diversity in the human family should be
the cause of love and harmony, as it is
in music where many different notes blend
together in the making of a perfect chord.*

– Bahá'í Faith, [ADJ, Abdu'l-Bahá](#)

Debriefing:

Quotes and discussion questions to promote reflection and action

Discuss:

✚ What have you learned in this session and through the materials chosen in preparation for the workshop?

✚ What needs to change?

Suggested Reading & Viewing Material:

- [Inclusion & the Power of Diversity](#), YouTube, 2017, (3:27 min.) Accenture video on the encompassing humanitarian needs behind the ideal of inclusion.
- [The Myth of Race: the Troubling Persistence of an Unscientific Idea](#), by Robert Sussman A book that traces the surprising history race as a social construct.
- [The Myth of Race Debunked in 3 Minutes](#), YouTube, 2015 (3:07 min.)
- [13 Facts about the Eugenics Movement](#) YouTube, 2019, (2:47 min.) Overview of a racist movement that was once popular among the highest echelons of society.
- [The rise of White Supremacy and its New Face](#) YouTube, 2019, (5:48 min.) What's behind the renewed popularity of this very old movement?
- [Privilege/Class/Social Inequalities Explained in a \\$100 Race](#) YouTube, 2017, (4:17 min.)
- [What is the definition of Microaggression?](#) YouTube, 2016, (4:29 min.)
- [Hate Crimes Start with Words](#), Bahá'í International Community video, 2021, YouTube, (1:27 min.) The connection between hate, politics and speech.
- [The “ethnic cleansing” of Myanmar’s Rohingya Muslims, explained](#) YouTube, 2017, (5:14 min.) The origins and history of a modern example of ethnic cleansing.
- [Amend: The Fight for America, Episode 6](#) Will Smith, YouTube, 2021 (58:38 min.) The stories of brave immigrants who continue to fight for liberty and justice for all.
- [The Golden Rule is Universal](#) Golden Rule Project website. Examples of the Law of Reciprocity in its many formulations from all around the world.

Music to start or end the workshop (optional)

- [Music video, Brandi Carlile, The Joke](#) YouTube, 4:58 min.