Kindness, Inclusivity, Diversity, Humanity

Learning Anti-Racism
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For any group

- Step by step instructions
- Online resources
- Drawing people together by learning together
The overarching goal of the Learning Anti-Racism Toolkit is to help us reimagine our communities & find ways to create an inclusive environment where everyone belongs, everyone contributes and all are considered worthy of respect.

In creating this resource tool, we’ve chosen to encourage insight, empathy & listening, emphasizing respect & the need to be kind & compassionate as we learn with and from each other.
Hate based on race & religion remains too common. The Toolkit promotes respect.

Number of police-reported hate crimes, by type of motivation, Canada (Statistics Canada, 2012-2019)
The Toolkit includes:

8. Anti-Racism Workshops

1. One Race: *The Human Family*

2. Islamophobia: *Racist Myths & Skewed Narratives*

3. Anti-Asian Racism: *Appreciating the Asian-Canadian Heritage*

4. Antisemitism: *A Cyclical Scourge*

5. Anti-Indigenous Racism: *Re-evaluating Canadian History*

6. Anti-Indigenous Racism: *Indigenous Health, A Call to Action*

7. Anti-Black Racism: *Rediscovering Black History in Canada*

8. Anti-Black Racism: *Black History in North America*

*In addition to a Facilitator’s Guide & Glossary*
Who can use the Toolkit?

Step-by-step instructions allow *any person* to initiate a group to discuss this important issue.

Students

Friends

Clubs

Community groups

Employees

Organizations

Management

Families

Spiritual communities
How do we use the Toolkit?

Each 2-hour workshop includes 2 short Introductory Videos, Quotes, Discussion Questions & Debriefing Questions.

⭐ “Pre-Workshop” material is given for each session, with additional material to be read or viewed depending on participants’ time between sessions.

⭐ New understandings and insights are gained by listening, learning and sharing.

⭐ A facilitator chosen by the group can encourage and guide the discussion by maintaining order & a positive learning environment, but the work is done by the participants themselves.

⭐ A guest or co-facilitator connected to the community/group discussed is also highly encouraged when possible.
Where should we do this?

Any space can be used, in person or online.
Social change begins with the individual. This resource tool is designed to be:

- Widely applicable
- Locally relevant
- Positive in tone
- Educational
- Actionable