



Travel the World's Religions

All welcome!

A new educational series from the Victoria Multifaith Society (VMS) visits Victoria's centres of the world's great religions. The goal: to create opportunities for people to familiarize themselves with each religion, mingle with people of other faiths and feel comfortable and welcome within each space.

Destination: Buddhism

"Meditation with a Whiff of Zen"
2033 Belmont St., Victoria
Saturday, July 22nd
9:00 a.m. – 11:00 a.m.

Wayne Codling, a former Zen monastic and a lineage holder in the Soto Zen tradition, will provide a short talk and opportunity for Discussion and Q&A. There will be short seated and walking meditation followed by tea, light refreshments and socializing/sharing time.

[2033 Belmont St. Victoria](#) is at the corner of Pembroke and Belmont Streets. There is plenty of parking in the rear and in the street.